



KEYNOTE TOPICS FOR ADMINISTRATOR EVENTS

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REGISTERED ART THERAPIST / LICENSED MARRIAGE & FAMILY THERAPIST



PATHWAYS TO RESILIENCE *TRAUMA INFORMED ART PROGRAMMING IN PANDEMIC TIMES*

SUMMARY WHAT IS TRAUMA INFORMED CHILDCARE, AND HOW CAN AN EDUCATED APPROACH TO PROCESS ART PROVIDE SAFETY AND TRUST IN THE EARLY LEARNING ENVIRONMENT? LEARN HOW THE PRINCIPLES OF ART THERAPY CAN HELP YOU SERVE FAMILIES IN YOUR COMMUNITY THAT ARE EXPERIENCING PANDEMIC STRESS AND TRAUMA. GAIN UNDERSTANDING OF THE SKILLS AND KNOWLEDGE NEEDED TO PROVIDE RESPONSIVE AND ENGAGING ART PROGRAMS AND TRAIN STAFF ON HOW AND WHY ART CAN LITERALLY BE A CHILD'S LIFELINE. LEARN HOW THE INTERACTIONS BETWEEN YOUR STAFF AND THE FAMILIES THEY SERVE CAN USE BEST PRACTICE ART TO FACILITATE WELL-BEING, BUILD TRUST AND IMPROVE CHILD AND FAMILY MENTAL HEALTH. CAN INCLUDE A RESILIENCY BASED ART EXERCISE FOR ALL PARTICIPANTS, ON REQUEST.

LEARNING OBJECTIVES

- GAIN SKILLS AND KNOWLEDGE THAT PROMOTE TRAUMA INFORMED USE OF ART
- IDENTIFY HOW ART CAN ENHANCE SELF REGULATION AND EMOTIONAL EXPRESSION
- DEMONSTRATE HOW TO TEACH PARENTS ABOUT ART AS A CHILD'S LANGUAGE
- REVIEW AND PRACTICE HOW TO TALK WITH CHILDREN ABOUT ART AUTHENTICALLY

STEM & CREATIVITY IN THE OUTDOOR CLASSROOM

SUMMARY LEARN HOW TO USE ART MATERIALS TO TEACH MATH & SCIENCE FUNDAMENTALS IN YOUR OUTDOOR CLASSROOM. DISCUSS HOW THE EFFECTS OF "NATURE DEFICIT" CAN BE REMEDIATED WITH INTENTIONAL OUTDOOR CLASSROOM TEACHING STRATEGIES. SHARPEN KNOWLEDGE OF HOW MATH, SCIENCE AND ART CREATE POSITIVE SYNERGY THAT HELPS CHILDREN MEET SCHOOL READINESS GOALS, WHILE REDUCING STRESS. VIEW SLIDES OF "BEST PRACTICE" CLASSROOMS IN CALIFORNIA THAT HAVE GONE FROM STEM TO STEAM BY INTEGRATING ART INTO MATH, SCIENCE AND PHYSICS FOUNDATIONS. CAN INCLUDE A HANDS-ON STEAM EXPERIENCE FOR ALL PARTICIPANTS, ON REQUEST.

LEARNING OBJECTIVES

- LEARN TO ENHANCE EXISTING STEM CENTERS BY INCORPORATING SENSORY ELEMENTS FROM YOUR NATURAL ENVIRONMENT
- REVIEW THE EFFECTS OF PANDEMIC STRESS ON CHILDREN AND HOW TO LEVERAGE NATURE & STEAM EXPLORATIONS AS PROTECTIVE FACTORS
- IDENTIFY MATH & SCIENCE PREK LEARNING FOUNDATION STRANDS IN SIX OUTDOOR CLASSROOM STEAM ACTIVITIES
- DISCUSS 10 SLIDES OF STEAM ACTIVITIES FROM BEST PRACTICE CLASSROOMS, AND HOW TO ADAPT THEM TO VARIED SETTINGS

PIGS, PRESCHOOL & PROCESS ART *WHY PROCESS ART MATTERS & GUIDING STAFF AWAY FROM CUT OUT PIGS*

SUMMARY ART MATERIALS OFFER A UNIQUE OPPORTUNITY FOR CHILDREN TO SAFELY EXPERIMENT WITH THE PHYSICAL WORLD AND EXPAND THEIR AWARENESS OF ITS TANGIBLE PROPERTIES. ART ENGAGES CHILDREN'S SENSES AND DEVELOPS IMPORTANT COGNITIVE AND SOCIAL-EMOTIONAL SKILLS. SO WHY DO SO MANY TEACHERS RELY ON COOKIE CUTTER ART? PERHAPS BECAUSE IT'S EASIER OR THEY RECEIVED NO TRAINING ON THE DEEP VALUE OF ART, OR HOW ART CAN NATURALLY HELP CHILDREN WORK THROUGH TRAUMA, BUILD ATTACHMENTS AND SELF REGULATE. WHATEVER THE REASONS, INFORMED PROGRAM LEADERSHIP CAN MAKE A DIFFERENCE IN HOW YOUR TEACHERS LEVERAGE THE ART PROCESS TO MEET CHILDREN'S REAL NEEDS. RECEIVE RESOURCES, TIPS AND STRATEGIES. LEARN FROM REAL LIFE EXAMPLES OF EARLY CHILDHOOD PROGRAMS THAT WENT FROM PRODUCT TO PROCESS WITH THE HELP OF INFORMED LEADERSHIP AND TRAINING. CAN INCLUDE A PROCESS ART EXERCISE FOR ALL PARTICIPANTS, ON REQUEST.

LEARNING OBJECTIVES

- LEARN HOW CURRENT NEUROSCIENCE SUPPORTS ART AS A KEY INFLUENCER ON EARLY BRAIN DEVELOPMENT
- DISCUSS WHY MANY TEACHERS STILL DELIVER PRODUCT OVER PROCESS ART, AND HOW TO HELP CHANGE THAT MINDSET
- RECEIVE TIPS & RESOURCES ON HOW TO MOTIVATE, EDUCATE, AND REWARD STAFF FOR USING ART AUTHENTICALLY
- VIEW "BEFORE AND AFTERS" OF CLASSROOMS THAT MOVED FROM PRODUCT TO PROCESS WITH HELP FROM LEADERSHIP



**TO BOOK A KEYNOTE OR LEARN MORE,
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