



MENTAL HEALTH RESOURCES FOR FAMILIES

Become informed.
Reduce stigma. You are not alone.



CHILD MIND INSTITUTE

www.childmind.org

<https://childmind.org>

Child Mind Institute | Transforming Children's Lives.

We are an independent nonprofit dedicated to transforming the lives of children struggling with mental health and learning disorders.



NAMI

www.nami.org

<https://www.nami.org> > Home

NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of ...

THERE IS
NO HEALTH
WITHOUT
MENTAL HEALTH



SAMHSA

www.samhsa.gov

SAMHSA - Substance Abuse and Mental Health Services ...

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities. 5600 Fishers Lane, Rockville, MD 20857



BRING CHANGE TO MIND

www.bringchange2mind.org

<https://bringchange2mind.org>

Bring Change to Mind - Let's Talk Mental Health

Bring Change to Mind is a nonprofit organization dedicated to encouraging dialogue about mental health, and to raising awareness, understanding, and empathy.



THE MIGHTY

www.themighty.com

<https://themighty.com>

The Mighty. Making health about people.

You'll find a community that has your back on The Mighty, no matter what health situation you're going through. We talk about what health is really like – mental ...

COMPLIMENTS OF CREATIVEPLAYLA
PROFESSIONAL DEVELOPMENT WORKSHOPS
ANNA REYNER, MA LICENSED FAMILY THERAPIST/ ATR
WELLNESS WORKSHOPS FOR TEACHERS AND PARENTS
FOR MORE INFORMATION: WWW.CREATIVEPLAYLA.COM

