

2 Virtual Art Workshops for Teachers



Process Art for Adults:

Teacher Wellness

In Virtual Art Workshop #1, teachers learn to use open ended art experiences to create calm and wellness for themselves. Includes lots of hands-on art and the following theories, presented in colorful **Keynote slides:** Art as a Mindful Practice - the simple neuroscience behind art as self care and how to use Visual Journaling & Intuitive Art to build self awareness, greater empathy and emotional intelligence.
A fun and refreshing stress reduction workshop, good for teacher appreciation.



Process Art for Children:

Teacher Competencies

In Virtual Art Workshop #2, teachers learn how and why process art matters, and why it's DAP to offer children fewer structured crafts and more open ended art experiences. Includes some hands-on art and the following theories, presented in colorful **Keynote slides:** Art and early brain development, the neuroscience behind process art and learning, art as a visual language, how to use art to foster social emotional skills. Includes an introduction to art as a visual language, ACE AWARE art practices, and how art can help build a trauma informed classroom.



Anna Reyner, MA
Founder, CreativePlayLA
Over 800 Workshops Delivered

: Anna Reyner, MA. Registered Art Therapist / Licensed Marriage & Family Therapist / Trainer & Consultant

Visit www.CreativePlayLA.com for more information, or email art@annareyner.com