



CREATIVE KEYNOTES

WITH ANNA REYNER, MA

REGISTERED ART THERAPIST
LICENSED MARRIAGE & FAMILY THERAPIST
CERTIFIED NAMI TRAINER



Book Keynote alone or Keynote with 2 Breakout Sessions from Training Topics

1) PATHWAYS TO RESILIENCE TRAUMA-INFORMED ART PROGRAMMING IN PANDEMIC TIMES

"A passionate keynote speaker with a timely and relevant message."
Ed Condon, Executive Director / Reg9 Head Start Assn.

SUMMARY WHAT IS TRAUMA-INFORMED CHILDCARE, AND HOW CAN AN EDUCATED APPROACH TO PROCESS ART PROVIDE SAFETY AND TRUST IN THE EARLY LEARNING ENVIRONMENT? LEARN HOW THE PRINCIPLES OF ART THERAPY CAN HELP YOU SERVE FAMILIES IN YOUR COMMUNITY THAT ARE EXPERIENCING PANDEMIC STRESS AND TRAUMA. GAIN UNDERSTANDING OF THE SKILLS AND KNOWLEDGE NEEDED TO PROVIDE RESPONSIVE ART PROGRAMS THAT WILL PROVIDE CHILDREN WITH SOCIAL EMOTIONAL LIFELINES IN TIMES OF STRESS. ENGAGE IN A MEANINGFUL & RELAXING HANDS-ON ART ACTIVITY, MATERIALS WILL BE PROVIDED!

LEARNING OBJECTIVES

1. GAIN KNOWLEDGE THAT PROMOTES TRAUMA-INFORMED USE OF ART
2. IDENTIFY HOW TO USE ART FOR SELF REGULATION & EMOTIONAL RELEASE
3. REVIEWS WAYS TO GET PARENTAL "BUY-IN" ON THE VALUE OF PROCESS ART
4. ENGAGE IN A CREATIVE ART THERAPY EXERCISE FOR PERSONAL ENJOYMENT

"Anna's high-energy luncheon keynote was well-crafted and thought provoking. Remarkably she included an unforgettable art activity for all 600 people!"
Reneira Nieves / CEO's Asst. / Beyond School Hours

2. NATURE, PLAY & WELLNESS SOCIAL EMOTIONAL LEARNING IN THE OUTDOOR CLASSROOM

"Thank you for the inspirational luncheon keynote at our annual conference! We can't wait to have you back."
Lauri Frichtl, Exec Dir / Illinois Head Start Assn

SUMMARY NATURE PLAY IS A NATURAL ANTIDOTE TO STRESS AND PROVIDES A WORLD OF SENSORY DISCOVERY FOR YOUNG CHILDREN. LEARN HOW TO ENHANCE SOCIAL EMOTIONAL CONNECTIONS BY ADDING MORE ART TO OUTDOOR LEARNING. VIEWS DOZENS OF EXAMPLES OF REAL URBAN CLASSROOMS THAT COMBINE ART IMMERSION WITH OUTDOOR PLAY. REVIEW EASY SET-UP TIPS AND LOTS OF INSPIRATIONAL ART IDEAS THAT USE SIMPLE STICKS, STONES, LEAVES AND SEEDPODS. DISCUSS HOW TO REDUCE 'NATURE DEFICIT' AND HELP CHILDREN FEEL MORE SAFE & SECURE. RECEIVE TEN WRITTEN LESSON PLANS WITH ORIGINAL NATURAL PLAY ART ACTIVITIES. ENGAGE IN A MEANINGFUL & RELAXING HANDS-ON ART ACTIVITY, MATERIALS WILL BE PROVIDED!

LEARNING OBJECTIVES

- REVIEW THE NEUROSCIENCE BEHIND NATURE'S CALMING EFFECTS
- LEARN HOW TO SET UP NATURE ART WITH TRAUMA INFORMED GUIDELINES
- REVIEW DOZENS OF WAYS TO ADD MORE NATURE ART TO OUTDOOR PLAY
- ENGAGE IN A NATURE ART ACTIVITY FOR ENJOYMENT & STRESS REDUCTION

"Anna's closing keynote was a breath of fresh air and left us feeling playful and wanting more!
Her enthusiasm is contagious."
Linda Hartung, San Diego Family Child Care Assn

VIEW VIDEO CLIPS OF KEYNOTES at CreativePlayLA

TO BOOK A KEYNOTE OR LEARN MORE, CONTACT ANNA REYNER: ART@ANNAREYNER.COM

In-Person or Virtual? You Choose.

CreativePlayLA.com