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# TRAUMA-INFORMED EDUCATOR?

## (YOU'VE GOT THIS!)



**IN MY CLASSROOM, WE ARE TRAUMA-INFORMED.  
WE PROVIDE: SAFETY, CONNECTION & CALM.**

**WE UNDERSTAND CLASSROOM CO-REGULATION,  
THAT CHILDREN REGULATE OFF OF US, THEIR TEACHERS.**

**WE BELIEVE WE HAVE THE SKILLS WE NEED TO STAY CALM.**

**WE UNDERSTAND BEHAVIOR IS COMMUNICATION, AND WE  
EMPATHIZE WHEN SOMEONE FLIPS THEIR LID.**

**WE CONNECT BEFORE WE CORRECT.**

**WE UNDERSTAND ART IS A CHILD'S FIRST LANGUAGE  
AND OFFER ART FOR SELF-EXPRESSION EVERY DAY.**

**WE BUILD RESILIENCE THROUGH CONNECTION.**

**WE OFFER POSITIVE SOLUTIONS TO CHALLENGING BEHAVIORS  
WITH SENSORY PLAY & COLLABORATIVE ART.**

**WE RECOGNIZE WE ARE ROLE MODELS AND THAT EVERY DAY  
CHILDREN LOOK TO US TO ANSWER**

**3 IMPORTANT QUESTIONS:**

**DO YOU SEE ME?**

**DO I MATTER TO YOU?**

**CAN I BE MYSELF HERE?**



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